

SEAHAVEN PRIVATE

ADDICTION TREATMENT CENTRE

Reach for Recovery

ABOUT US



Seahaven Private is an affordable **Alcohol and Drug Rehabilitation** service based in the south east suburbs of Melbourne. Located metres from beautiful beaches and serene coastal reserves, Seahaven provides an incredible environment for addiction recovery and rehabilitation.



WHAT IS ADDICTION?

Addiction is a chronic disease which can be managed and treated. It takes much more than just your client's will power to be able to overcome addictions. As Seahaven Private, we will work closely with your client to support them through their recovery journey.

SEAHAVEN CAN HELP



We provide **immediate admission** to our program following our initial assessment. Your client will be fully supported by our qualified and experienced staff, including our Addiction Specialist GP. Your client will undertake an evidenced-based program with proven results under the guidance of their personal care manager. Your client will have continued access to our Aftercare program to fully support recovery from addiction.

INTENSIVE 2-WEEK PROGRAM



Our 2-week intensive **day program** draws from cognitive behavioural therapy and Twelve Step approaches to help clients achieve life long recovery. This program offers clients a chance to experience different holistic healing practices, therapies and learn essential skills to assist in maintaining a healthy lifestyle once they have completed the program.
Call: (03) 8738 4252 for our latest pricing

RESIDENTIAL PROGRAM



Clients will reside at our luxury **10 - bed seaside home** in Seaford, Victoria. The tranquil surrounds provide clients with a peaceful space to work on themselves whilst reconnecting with nature. With a sandy beach only steps from the front door, 'The Haven' is a beautiful environment which clients can successfully commence their recovery process. Call: (03) 8738 4252 for our latest pricing
56 and 84 day residential stays available - POA,



CONTACT US

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DAY PROGRAM INCLUSIONS

- Individual Counselling
- Group Counselling
- Peer Group Support
- Individual Care Management
- Comprehensive evidence-based program
- Holistic therapies including mediation, sound healing and art therapy
- Life skills educational sessions
- Personal training and exercise
- All snacks and fully catered nutritious lunch
- Access to Seahaven Private Aftercare program

RESIDENTIAL PROGRAM INCLUSIONS

- Individual Counselling
- Group Counselling
- Peer Group Support
- Family educations and support
- Individual Care Management
- Personalised treatment plan
- Comprehensive evidence-based program
- Holistic therapies including mediation, sound healing and art therapy
- Life skills educational sessions
- Personal training and exercise
- All accommodation and nutritious meals
- Group activities
- Management of medications
- Management of appointments including travel
- Transportation to all program inclusions
- Access to Seahaven Private Aftercare program
- 24/7 supervision by qualified staff
- AA/NA Meetings
- Weekly drug testing



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