

Seahaven Private
provides affordable
evidence-based
holistic recovery
programs for alcohol
and drug
dependency.



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Reach for
Recovery

Seahaven Private

Melbourne based Drug and Alcohol
Rehab Retreat





About Us

Seahaven Private is an affordable Alcohol and Drug Rehabilitation service based in the south east suburbs of Melbourne. Located metres from beautiful beaches and serene coastal reserves, Seahaven provides an incredible environment for addiction recovery and rehabilitation.

Our philosophy is based on the Living in Balance Program and our focus is complete abstinence.

At Seahaven, we want to build skills and a sober community to best support your recovery journey. We provide accessible, evidence-based tools to help manage addictive behaviours, make healthy choices, and move toward resilience, peace, and success in life.

We believe that change and growth are possible in all individuals if they choose to recover.

All programs are tailored to meet the needs of each client individually and aim to deal in a holistic way with the underlying issues driving their addiction.

Dependent on
drug and
alcohol use?

At Seahaven, we
believe recovery
is possible.

We can help.
Call us today to
find out how.



Our Services

2-week Intensive Day Program

Seahaven Private offers an intensive addiction support program for clients not seeking residential rehab. Our program is designed to educate and support clients to get back on track whilst maintaining their home and work life. With guidance from our experienced team, clients will regain their capacity for commitment and determination to achieve a sustainable recovery from addiction. Ongoing access to our Aftercare Program ensures our clients have support to achieve lifelong recovery.

Residential Retreat Program

'The Haven' - a place of safety or refuge, a apt name for our luxury residential home located in Melbourne's south east. Our 28-day residential program provides a drug-free supportive community for rehabilitation and recovery. Our specialist practitioners, experienced therapists and holistic therapeutic inclusions support and assist in identifying the underlying issues of unhealthy behaviours and dependency. Limited to 8 residents ensures individual attention and support to focus on the pathway to rehabilitation. Our evidence-based program has proven results for sustainable lifelong recovery.

For program inclusions and fees please visit our website www.seahaven.com.au or call our Seahaven team today on 03 8738 4252.